

A Service To Use At home

*Sit quietly and relax*



*Say The Lord's Prayer*

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come; thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power, and the glory,  
for ever and ever.  
Amen.



*Think about your recent wrong thoughts, words and actions, and bring them to God*

*Pray*

O God, in Jesus you came to point us towards a better way of thinking, speaking and doing, and to offer forgiveness of wrong to all who are truly sorry. I admit to you my own faults and failings and ask now for your forgiveness and for new determination to be kinder, better and more considerate towards others in all the days to come.  
Through Jesus Christ our Lord,  
Amen

*It may help to read a favourite Bible passage, a Gospel chapter, a Psalm, or simply sit and listen to a favourite piece of music; sing or listen to a hymn - the internet is a great source.*



*Pray in your own words, no special ones are necessary, God listens.*

for family, friends and neighbours  
for those you know who are ill, in need or in trouble  
for those who have died and those recently bereaved  
for our government and nation  
for all who work in the NHS, caring and emergency services



*At this worrying time , a prayer:*

God of love and compassion, in this time of crisis, with so many suffering illness, thousands of lives ending, and the searing pain of bereavement, we pray for everyone affected by the corona virus sweeping across the whole world. May all who are striving to combat this disease, politicians, medical experts, hospital staff, carers, worried parents and relatives, we ourselves, be given continued wisdom, strength and determination to overcome every obstacle until this terrible time is past.

Amen



*Say*

Thank you Lord. Amen



May God bless you and all those you love  
today and every day